Which of the following substances would make a good hot pack or cold pack?

Chemicals:

- ammonium nitrate, NH₄NO₃
- calcium chloride, CaCl₂
- sodium chloride, NaCl
- sodium acetate, NaCH₃COO
- ammonium chloride, NH₄Cl

ACTIVITY #1

- Teacher will demonstrate a commercial hot pack/cold pack. teacher will pass them around to save supplies
- 2. Take observations

ACTIVITY #2

- 1. Label each beaker with the name of each chemical.
- 2. Fill a beaker with 50 mL of water and dissolve 10g of compound in the beaker
- 3. Feel the beaker and take observations

ACTIVITY #3

FIRST PICK THE BEST HOT PACK CHEMICAL FROM ACTIVITY #2 AND PICK THE BEST COLD PACK CHEMICAL FROM ACTIVITY #2

- 1. Set up 2 thermometers and fill two beakers with 50 mL of water.
- 2. Immerse the thermometers in the beaker and record the initial temperature of the water.
- 3. Add 10g of the chemical to the beaker and give it a stir. The chemical may or may not dissolve totally.
- 4. Monitor the temperature and record the lowest or highest temperature of that the solution reaches.

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